



Christ The King Federation

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St Francis and St Joseph's Catholic Primary Schools

Executive Headteacher: Mrs S. Ginzler-Maher



Relationship, Sex and Health Education

Within Christ the King Federation we deliver Relationship, Sex and Health Education through the programme **Ten:Ten - Life to the Full** (catholic version).

The **Life to the Full** programme is based on the structure of 'A Model Catholic RSHE Curriculum' by the Catholic Education Service. This model curriculum was highlighted as a work of good practice by the Department of Education.

Life to the Full is much more than a series of lessons. It is an entire platform of creative resources that will engage, inform and inspire the children. This includes interactive video content, story-based activities, employing a wide range of teaching tools, original worship music and an accompanying programme of classroom prayers.

Intent

Within Christ the King Federation, RSHE ensures children and young people are equipped with the knowledge, understanding, skills and confidence to cope with the many pressures and challenges of modern society.

Learning about friendships and family in RSHE are the building blocks to help children to understand themselves and others.

Children are prepared for the physical and emotional changes they undergo at puberty.

Through our RSHE programme we aim to equip children and young people with the information, skills and positive values to have safe, fulfilling relationships.

The programme provides a positive view of human sexuality and dignity of the human person; equips young people with the ability to make practical judgments about the right thing to do in particular circumstances and explores and promotes virtues which are essential to promoting respect and dignity.

All of this is done within the doctrine of the Catholic Church, faithful to the Church's vision of human wholeness whilst recognising the contemporary context in which we live today.

Implementation

RSHE is taught as explicit lessons through the RSHE and science curriculums but is also embedded in other areas of the curriculum and day-to-day life of the school.

RSHE is covered through **Ten:Ten** in the units '*Me, My Body, My Health*', '*Emotional Well-being*', '*Life Cycles*', '*Personal Relationships*', '*Keeping Safe*' and '*Living in the Wider World*'. The **Ten:Ten** programme is delivered over a two year rolling programme, with objectives assigned to specific year groups to ensure full coverage, at an age appropriate level.

Units in science such as 'Animals Including Humans' and 'Living Things and Their Habitats' also cover the statutory requirements. Other elements are also covered through our Religious Education, Physical Education (health and well-being) and Computing (including online safety) curriculum.

Children are taught by familiar adults who they have a good rapport with, in order to facilitate constructive and supportive discussions around sensitive topics in a safe and secure environment.

Staff have received in-house and online CPD (via **Ten:Ten**) to support them in responding to the needs of the individual child and support children with any questions or concerns they may have. If staff feel uncomfortable or unsure when delivering the RSHE curriculum or dealing with individual pupil needs, they know where to seek advice and support.

The RSHE curriculum has been mapped out clearly in the progression grids which ensure coverage of all of the statutory elements by the end of the primary phase; these are delivered at the appropriate stage for our children and is supported specifically by a very thorough, spiral programme of learning from **Ten:Ten - Life to the Full**. Life to the Full covers all of the statutory elements of RSHE and more.

Our high expectations of behaviour, interpersonal relationships, respect and tolerance of others reflect the British Values upheld in both our community and the wider world.

Through our rigorous and progressive curriculum, children develop key skills and are prepared for the wider world beyond primary school, in a world in which they can keep themselves safe and healthy and thrive with the support of the positive relationships they forge with those around them.

RSHE is taught in three modules across the primary school from EYFS to Year 6:

Module 1: Created and Loved by God
Module 2: Created to Love Others
Module 3: Created to Live in Community

Other areas of non-statutory, PSHE objectives, are planned and covered as appropriate throughout the academic year.

Whole school / key stage assemblies and themed days, such as 'Citizenship Day' are used to raise awareness of our role within the world.

At the beginning of each year staff work with their classes to establish a class charter / rules and discussions take place about their rights and responsibilities as members of the school community and as citizens of the world.

Financial awareness is introduced through the children's involvement in raising funds for charity.

Impact

The impact of our curriculum will be that the standards of attainment across the school will meet or exceed those which are expected of our children nationally.

We continuously assess the implementation and impact of our RSHE curriculum in order to achieve the highest outcomes possible across all year groups and ensure we provide the support that is necessary for all children to have a good understanding of the complexities of relationships and how they grow and change and a secure knowledge and skills base to navigate their way through these, now and in the future.

Through our RSHE curriculum, we believe we can enhance children's education and help them to become confident individuals who have positive body awareness, an in-depth knowledge of how to keep themselves safe and healthy and who will, through respect, tolerance and understanding, forge and maintain positive relationships with a diverse range of family and friendship groups.

TenTen Programme Overview

Access to the **Ten:Ten** parent portal is available through this link:

<https://www.tentenresources.co.uk/parent-portal/>

	<u>St Francis</u>	<u>St Joseph's</u>
Username	st-francis-cm9	st-joseph-cm3
Password	light-house	garden-shed