



Christ The King Federation

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St Francis and St Joseph's Catholic Primary Schools

Executive Headteacher: Mrs S. Ginzler-Maher



Intent, Implementation and Impact

PE Curriculum Intent statement:

Across the Christ the King Federation, it is our intent that our PE curriculum instills in all pupils a passion for PE and sports and for every child to have the opportunity to develop their skills and perform to the best of their ability in their PE lessons. We hope our pupils will become healthy, confident and active young people that have the resilience and strength of character needed for the next stage of their lives. We strive to give all pupils the opportunity to take part in competitions both within school and against other schools, promoting the values of determination, respect, friendship, courage, equality and teamwork.

At Christ the King Federation:

- All classes across the Federation complete two hours of physical activity a week following the Rising Stars Champions PE scheme of work
- All classes across the Federation complete the Daily Mile each day (Reception classes from the Spring term onwards)
- Pupils take part in swimming lessons for a minimum of a term for children from Year 2 - Year 6 at St. Joseph's and for Years 4-6 at St. Francis
- Ballet classes for classes 1-6 (5 week blocks per class)
- Older children (Year Five play leaders) are involved in organising playground games for younger pupils during lunchtimes on a rota basis
- Active movement breaks are encouraged and regularly used in all classes e.g. Joe Wicks 5-minute classroom workouts, guided dance videos etc...

PE Curriculum Implement Statement:

At Christ the King Federation, PE lessons are taught by Class Teachers and/or a specialist PE teacher. Each class is taught 2 hours of PE a week. Each lesson is carefully planned to ensure a broad and full range of skills and activities are taught.

Pupils are taught to:

- Develop their physical literacy - 'the motivation, confidence, physical competence, knowledge and understanding that provides children with the movement foundation for lifelong participation in physical activity' (Youth Sport Trust)
- Develop their fundamental movement skills (running, jumping, throwing, catching, balance, agility and coordination)
- Participate in a range of different sports and understand the rules of each at an age appropriate level
- Understand the importance that exercise and physical activity plays in living a healthy lifestyle
- Take part in a range of sporting competitions
- Develop their team work and leadership skills
- Challenge themselves and attempt things that are outside of their comfort zone
- Recognise the importance of their mental health and take part in activities that can help them if they are ever feeling anxious or upset (meditation, yoga, breathing techniques etc...)

PE Curriculum Impact statement:

Assessment criteria has been developed, in line with national curriculum aims, to enable teachers to assess the progress of children after each PE topic/unit. ensuring that children are supported and challenged as appropriate. This data is analysed on a termly basis, and measures taken to address any identified gaps.

All pupils are provided with opportunities to experience different sports, particularly during National School Sports Week. They are also given frequent opportunities to take part in competitions whether this involves representing our schools at external sporting events or representing their house team during their weekly PE lessons.

Pupils are encouraged to develop their leadership skills in a range of ways including; being Playleaders, organising structured games for younger children on the playground. Sports Captains and House Captains also help the PE subject leader to organise a variety of intra-school competitions throughout the school year.