

Dear Parent/ Guardian,

Your child's Annual Flu Vaccination Is Now Due, please click the below link to complete a consent form.

[LINK HERE](#)

This vaccination is recommended to help protect your child against flu. Flu can be an unpleasant illness and can cause serious complications. Vaccinating your child will also help protect more vulnerable family and friends by preventing the spread of flu.

Most children are offered a nasal spray vaccine which is a quick, simple and painless spray up the nose.

The nasal spray vaccine is the most effective vaccine. The nasal spray vaccine contains a very small amount of porcine gelatine as an essential ingredient to keep it stable and able to work. For those who may not accept medicines or vaccines that contain porcine gelatine, a flu vaccine injection is available. Even if your child had the vaccine last year, the type of flu can vary each winter, so it is recommended to have it again this year or they won't be protected.

Since the programme was introduced, most children offered the vaccine in schools have had the immunisation.

For further information, please refer to the following leaflets:

Primary – [Flu vaccination primary school - for parents - Health Publications](#)

Secondary - [Protect yourself from flu-secondary school - English - Health Publications](#)

If you have any queries, or need to discuss the alternative flu vaccine injection please

Contact the immunisation team on 0300 790 0597 – option 1

Contact the school at admin@st-josephspri.essex.sch.uk - option 2

Yours sincerely,

Essex Partnership University Trust Immunisation Team